# Community Photo Project

Collection of photos

Fall 2017, Community Nutrition I

Maria Daw

Project entailed presenting two photos taken from within the community that reflects any aspect of nutrition.

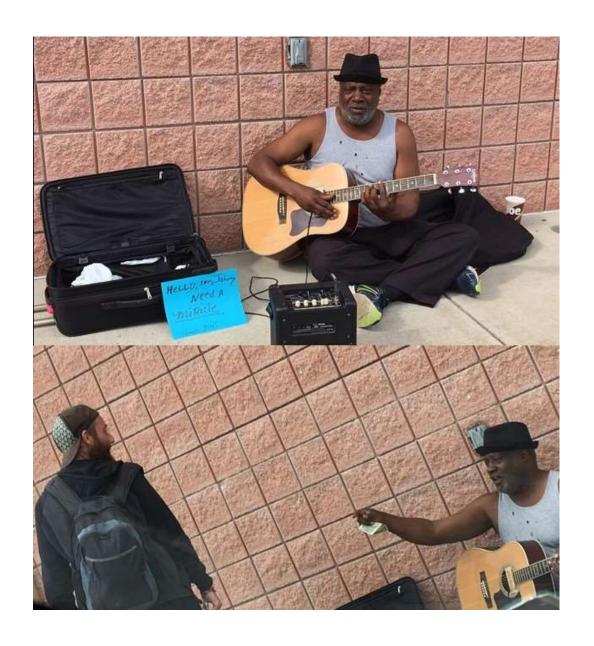
Each picture is titled, visually told a story, and included a reflection.

Submissions were voted on by students and faculty.

The top five voted on submissions for the "Best of 2017 Community Photo Project" were displayed at the Greater Akron Academy of Nutrition and Dietetic's (GAAND's) Annual Nutritious and Delicious Gala.

## SINGING FOR A MIRACLE

Voted as one of top five photos for Best of 2017 Community Photo Project



### SINGING FOR A MIRACLE

#### **DESCRIPTION OF THIS IMAGE:**

- I chose this collage of Johnny, a homeless and hungry man that was singing the blues and playing his guitar for money, because he stood out from a group of homeless people at a Speedway near Haven of Rest. Although his sign read that he is homeless and needs a miracle, he said that he wants to earn his money rather than receive handouts. Johnny owns only a few clothes and his guitar, and shared what little bit of money I gave him with others so that they can buy something to eat. He is one of the nicest and most generous persons I have ever met. Many people look the other way and do not think of talking to or helping someone living on the streets even though we often have the means to do so. Not having money, food, or shelter is something many of us never have to worry about. When times are tough, we typically have family and friends to help us out. Not everyone has that. Homeless individuals must rely on community resources such as Salvation Army and Haven of Rest for food and shelter. Even with these resources, they often do not receive three balanced meals a day. As future dietitians, we can help by increasing public awareness about programs to help homeless individuals, and networking to generate new approaches. Something as simple as taking a moment to talk to someone homeless and hear their story lets them know that there are people within our community that cares about them.
- Permission was received from Johnny to use his image in this photo.

## FOOD COMMUTE



### FOOD COMMUTE

- DESCRIPTION OF THIS IMAGE:
- I found this image important since it depicts what we have discussed and experienced in simulation, and how individuals must spend a lot of time taking the bus to other areas just to obtain fresh food. This photo was taken in late afternoon and the bus is headed from Fairlawn back to downtown. This is a common scene in which you see individuals with lots of bags and/or carts carrying the items they have purchased to carry back home. Individuals taking the bus from urban neighborhoods often don't have their own personal cart and will use shopping carts from area businesses. The hauling of a lot of groceries through public transportation can be taxing on a person. For example, the man to the right of the trash can made two trips to get all of his bags onto the bus with him. As a future dietitian, I feel we need to advocate for fresh produce and healthier food options to be available in urban neighborhoods whether in corner grocery or convenience stores, or produce stands. This would save individuals time and frustration.