

Patient Name: [REDACTED] DOB / AGE / SEX: [REDACTED] 80 Years Male

Admitting Physician: [REDACTED]

Admission Date / MRN / Financial Num: 02/04/19 [REDACTED]

Nutrition Assessment

02/08/19 13:24 EST Performed by Daw, Maria B

Entered on 02/08/19 15:18 EST

Updated on

02/08/19 15:39 EST by [REDACTED]

02/08/19 15:38 EST by [REDACTED]

Nutrition Assessment**Medical Diagnosis Clinical Course:** 80 y/o M admitted for cardiac arrest; resp distress; extubated (2/6); reintubated (2/8)**Past Medical/Social History:** Malignant Melanoma w/ mets to brain + lungs, adrenal insufficiency, hypothyroidism, PE**Pertinent Labs/Procedures:** Na 146, K 3.4, Cl 113, Glu 150, Bun 55, Cr 1.49, Bun/Cr 36.9, Ca 8.3, T Bil 1.9, AST 84, ALT 55, T Pro 5.5, Alb 2.8, c/s 105-135
120.25<350 (question accuracy); last BM 2/8 - liquid, brown (modified)**Pertinent Medications:** hydrocortisone, Pantoprazole, Zosyn; gtt: Precedex, Lasix**Patient Statement/Reports/Observation:** Observed pt sedated, on vent + OGT; hollowed orbitals + depressed temples; family at b/s talking to a staff care provider. Per EMR: 7/19/18 wt 88.3kg; moderate edema; protuberant abdomen; green gastric output of 25ml; granulating wounds w/ drainage x3. MD order for TF received.**Current Nutrition Prescription:** NPO**Nutrition Other:** VE 8.5, Tmax 37.7**Clinical Height (cm):** 177.8 cm**Dosing Weight (kg):** 89.6 kg**Daily Weight (kg):** 92.6 kg**Body Mass Index (BMI):** 28 kg/m2**Ideal Body Weight:** 73 kg**Est Nutrition Kcal:** 1895**Est Nutrition Kilo:** 89.6**Est Nutrition Activity Factor:** MSJ (1.0, 1616)**Est Nutrition Need Based on:** Penn State**Est Nutrition grams protien per day:** 108-134**Est Nutrition gm/kg:** 1.2-1.5**Body Weight:** Dosing Body Weight**Est Nutrition cc fluid per day:** 1895**Est Nutrition mL/kg:** 1cc/kcal**Present Nutrient Intake Meeting Needs:** No**Not meeting nutrient needs reason:** NPO**Goals Intervention****Increased Nutrient Needs R/T:** Wounds**Increased Nutrient Comment:** granulating wounds + drainage x3**Inadequate Protein-Energy Intake:** Ventilation**Inadequate Protein Comment:** vent + OGT + NPO**Swallowing/Biting/Chew Difficulty:** Ventilation**Swallow & Biting Comment:** vent + OGT; MD order for TF**Nutrition Interventions/Recommendations:** Modify nutrition therapies:**Nutrition Regimen Goal:** Order entered for TF: Vital 1.2, cont, via OGT, start at 20 ml/hr, increase 10 ml/hr q4h, goal 60 ml/hr + 1 pkt ProStat BID --> 1928 kcal, 138g pro/D. (modified)**Monitoring/Comments:** Advancement of diet, Enteral/Parenteral Intake and tolerance, Labs/tests/procedures, Weight Changes, Skin/Healing, Intake and Output, Stool Output, Other: Reviewed and approved. Care completed under RD supervision. [REDACTED] RDLD (modified)**Nutrition Initial Goals:** Advance diet as feasible, Advance nutrition support to goal, Tolerate Enteral/Parenteral Nutrition, Intake to meet fluid needs, Weight maintenance/gain, Promote wound healing, Improve glucose control**Source of Nutrition Referral:** Physician