

MCCG (Location: M4 [REDACTED]; [REDACTED])

Patient Name: [REDACTED] DOB / AGE / SEX: [REDACTED] 93 Years Female

Admitting Physician: [REDACTED] MD, [REDACTED]

Admission Date / MRN / Financial Num: 01/26/19 [REDACTED]

**Nutrition Reassessment**

02/01/19 16:03 EST Performed by Daw, Maria B

Entered on 02/01/19 16:09 EST

Updated on

02/01/19 16:55 EST by [REDACTED], RD, LD, [REDACTED]

**Nutrition Assessment**

**Medical Diagnosis Clinical Course:** 93 y/o female admitted with obstructing colon mass s/p R hemicolectomy w/ metastatic CA (1/27)

**Past Medical/Social History:** a fib, AMS, CAD, HLD, HTN, hypothyroidism

**Pertinent Labs/Procedures:** Na 147, Cl 117, CO2 19, Glu 120, Bun 51, Bun/Cr 55.2  
1680.63<1000

**Pertinent Medications:** hydralazine, Rocephin, morphine (prn); gtt: Smoflipid 20%, TPN

**Patient Statement/Reports/Observation:** Observed pt awake & alert; TPN running at goal of 64ml/hr. RN reports pt tolerating TPN. (modified)

**Current Nutrition Prescription:** NPO, PPN : D10, 4.25%AA@ 64mls/hr ~~at~~ 1035kcal, 65gpro/d.th 10.5mls of 20% lipiids x 12hrs/d= (modified)

**Nutrition Other:** 60.7kg on 11/15/18 admit

**Clinical Height (cm):** 162 cm

**Dosing Weight (kg):** 54.6 kg

**Body Mass Index (BMI):** 21 kg/m<sup>2</sup>

**%Weight Gain/Loss:** 10 %

**months:** 2

**Weight Gain/Loss Reason:** Unintentional

**Est Nutrition Kcal:** 1119-1212

**Est Nutrition Kilo:** 54.6

**Est Nutrition Activity Factor:** 1.2-1.3

**Est Nutrition Need Based on:** Mifflin St Jeor

**Est Nutrition grams protien per day:** 55-66

**Est Nutrition gm/kg:** 1.0-1.2

**Body Weight:** Dosing Body Weight

**Est Nutrition cc fluid per day:** 1119-1212

**Est Nutrition mL/kg:** 1cc/kcal

**Present Nutrient Intake Meeting Needs:** Yes

**Not meeting nutrient needs reason:** PPN

**Goals Intervention**

**Inadequate Protein-Energy Intake:** Other

**Malnutrition:** Other

**Inadequate Protein Comment:** RT clinical course AEB NPO --> PPN

**Malnutrition comment:** RT obstructing colon mass AEB suboptimal intake <75% needs >1 week, 10% weight loss in 2 months [present on admit]

**Altered GI Function:** Other

**Altered GI Comment:** recent lg bowel obstruction + R hemicolectomy; PPN per MD

**Nutrition Interventions/Recommendations:** Continue current nutrition therapies:

**Malnutrition Alert:** Severe Protein-Calorie Malnutrition

**Nutrition Regimen Goal:** Read and approved by [REDACTED] RDLD 2/1/19 (modified)

**Monitoring/Comments:** Enteral/Parenteral Intake and tolerance, Labs/tests/procedures, Weight Changes, Skin/Healing, Intake and Output, Stool Output

**Nutrition Initial Goals:** Advance diet as feasible, Advance nutrition support to goal, Tolerate Enteral/Parenteral Nutrition, Intake to meet fluid needs, Weight maintenance/gain, Maintain skin integrity

**Source of Nutrition Referral:** Physician